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TECHNOLOGY TIMES

Stephill Associates, LLC

March 2018
Newsletter

03



From the Desk of David Streit:

Stephill welcomes new client Renee Snyder, owner of SRM Group LLC, an Employee Benefits and Medicare Consulting Agency. She services clients in NJ, NY and PA. She has 13 years of experience in Health Insurance Consulting with 20 years of prior experience in the Pharmaceutical industry. If you need help designing a health care plan for your business, give Renee a call at [732-221-2876](tel:732-221-2876).

This issue of Technology Times has an article about tech upgrades for your car. I still marvel at how much more advanced my 2017 car is compared to the 2013 model I drove before. Navigation, audio (music), and safety features are far superior only four years later! In five years when my current car is ready for replacement, I wonder if I'll be considering an electric or fuel cell vehicle, sign up for a car subscription plan to use a car I don't own, or call for an autonomous car to pick me up when I need to go somewhere? We shall see!

David Streit - Principal

> IN THIS ISSUE

5 Misconceptions About Networking

Herminia Ibarra, *Harvard Business Review*

We all know that networking can help us in the workplace, but many of us struggle to overcome our distaste for doing it. A noted professor of organization has found that there are 5 basic misconceptions that hold us back from taking full advantage of the power of networking. Read about those misconceptions, and learn what you can do to prevent these from holding you back.



> [read more](#)



Why Companies Need a 'Zero Trust' Cybersecurity Model

Dan Patterson, Tech Republic

A new concept in today's cybersecurity world is that of 'zero trust security', a model that assumes that users inside a network are no more trustworthy than those outside the network. In an informative interview with a leader in the zero trust approach, learn why IT professionals need to update their model of trust from an implicit approach to an explicit 'zero trust' approach.

> [read more](#)



Love What You Do, You're Still at Risk of Burning Out

Lydia Belanger, Entrepreneur

Many people are often drawn toward finding their "passion" or are persuaded to work in fields that they enjoy. However, a recent study from *The Yale Center for Emotional Intelligence* discovered that one in five people who are highly engaged in their work are experiencing exhaustion and burnout, often from being too engaged. Learn how companies can set the proper work/life balance so their engaged employees don't burn out.

> [read more](#)



5 Simple Tech Upgrades to Make Your Car a Lot Smarter

Brandt Ranj, Business Insider

Transportation continues to get smarter, especially automobiles that practically function like computers. Learn five simple tips to help make your car even smarter that require no tools and can be implemented regardless of the age, make, and model of your car.

> [read more](#)

Why Grateful People Always Succeed

Jennifer Cohen, Forbes

Gratitude isn't overrated, and it is as relevant today as any time in history. Gratitude is explained as a choice, not a result, and many consider it the key



factor in achieving ultimate success and happiness. Learn why you should embrace gratitude, and how you do so, even in the face of hard times.

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AND...VIDEO PICKS FROM OUR STAFF



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